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Things to do in Moliets When You're 10

"It tastes like garlicky calamari," said Flea, smacking her lips and devouring her fourth snail in as many minutes. 24 hours into our trip to Moliets with Madame Vacances, Flea was settling in to our French adventure rather well. Moliets is a small resort tucked away in Aquitaine, on the Atlantic coast of South West France. It's warmer than the Vendee, but with the same wide, sandy beaches. And Moliets really is a playground for adventurous families. Check out our video highlights and read on to discover the best things to do with kids in Moliets: There's loads of family-friendly accommodation in this part of France. Our base was Villa Clairiere aux Chevreuils, a purpose-built holiday village providing villas, set between the sand dunes of Moliets beach and the forests behind. The idea is you get all the fun of renting a villa – plenty of space, with high-end interiors, and a private pool. But you also get the ease of being on a managed site, with cleaners, a reception and maintenance staff. The accommodation is impressive, and I'll be covering that in a separate post. For today, I'll share some of the best activities for families in Moliets. Surfing This part of France is world-famous for the quality of its surf. The annual Quiksilver Pro competition takes part each autumn just up the coast in Hossegor, and the waves are considered some of the best in Europe. For beginners, there are plenty of surf schools offering one-to-one and group lessons. We took a group lesson with Ecole de Surf du Golf. The instructor visited our villa ahead of time to let us all try on wetsuits to get the right fit. The next day, we walked down to the beach suited up and ready to go, with hoodies and towels to keep out the bracing wind. The two hour lesson was hilarious. The conditions were quite rough (that's my excuse for why I was so bad, and I'm sticking to it) but the instructors were super helpful, and I managed to catch a few waves, even if I wasn't strictly vertical at the time... Do bring along drinks and snacks; the kids will be ravenous when they come out of the water. Golf Madame Vacances in Moliets has a number of villages and properties around the Moliets Golf Club, and we took a golf lesson here. You can have family lessons, and if you get bored of hitting balls, the tennis courts are just next door.

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